



## COURSES

# 1

**CO-PARENTING 101**  
Online 4 Hour Class  
Court-Mandated  
Pre-Requisite for 202  
\$50 per parent



# 2

**CO-PARENTING 202**  
High-Conflict Webinar  
Court-Approved  
Must take Co-Parenting 101  
\$250 per parent per week

## **Life Works** **PARENTING TOOLS**

"Thank you for giving me emotional relief, providing the proper steps to improve to help my children thrive after this. Great material. Thank you for making us feel like humans and that it is okay!"  
Graduate

Register online today.  
Save on litigation costs.  
Get answers. Find peace.



**772-288-9886**  
LWPT.org  
SueDockerill@gmail.com

Office Hours  
Mon-Sat 9am to 9pm

**COLLABORATIVE  
CO-PARENTING  
WEBINAR**  
*with Sue Dockerill,  
25 years of experience  
and results*



Reduce conflict. Reduce litigation costs.  
Set an intention for a better way of being so your kids thrive.  
Practice new ways to communicate and solve problems.  
Increase the ability to deal effectively with your co-parent.  
Reduce the level of contempt toward your co-parent.  
Parent on the same page with tools for handling difficult situations.  
Redefine roles and move from intimacy to business partners.  
Brain Science: the art of mastering thoughts, feelings and results.  
Learn about local resources for abuse, drug addiction, and mental illness.  
Commit to a new blue print for successful co-parenting.

### MODULE 1

Moving from Blame to Change

### MODULE TWO

Empowering the New You!  
Changing the Things you can Control

### MODULE THREE

Redirecting Behavior Tools for  
Building Healthy Relationships

### MODULE FOUR

Solutions and Logical Consequences  
for Co-Parent Success!

*Additional Modules Available.*



## COURSE REQUIREMENTS

- Attend weekly sessions
- One parent speaks and the other parent restates what was said, learning to communicate without blaming, defending, or interrupting
- Sessions are completed with the other parent unless there is a restraining order
- Complete homework
- Sign onto program 5 minutes before scheduled time
- During the webinar turn on video camera, turn off distractions
- Small children should be in bed or with a babysitter

PRE-REQUISITE  
CO-PARENTING 101

Register at [LWPT.org](http://LWPT.org) to get started.